

# HEALTH **Z**ONE CHIROPRACTIC



## **Worried About Swine Flu? Ask Yourself: *Do Flies or Rats Cause Garbage?***

Common sense tells us that rats and flies are attracted to dirty places where there is decaying matter to feed upon. Just because rats and flies are present at a garbage dump or a dirty restaurant doesn't mean they *caused* the garbage, they are an *effect* of the garbage! So why do some people get sick and some people stay healthy? It depends on the cleanliness of the body's environment! If your body is weak, your resistance is down, and your cells are decaying, doesn't it make sense that the germ scavengers would find home, food and shelter there? Of course it does! The germs don't *cause* the disease, they are present when disease is! It is your internal resistance of your immune system that determines whether you get sick or not. Keep in mind it is called the 'Germ Theory' not the 'Germ Fact'!